CHEAT HERO

Anthropology Cheat Sheet

A comprehensive cheat sheet covering key concepts, theories, and subfields within anthropology. Designed for students and enthusiasts alike, this guide provides a quick reference to the diverse aspects of studying humanity, past and present.



Core Concepts

Basic Definitions

Anthropology:	The study of humanity, encompassing its evolutionary history, present biology, society, and culture.
Culture:	The learned and shared behaviors, beliefs, and values that characterize a group of people.
Ethnography:	The systematic study of people and cultures. It is a descriptive work produced from participant observation.
Holism:	The anthropological commitment to consider the full scope of human life, including culture, biology, history, and language, across space and time.
Ethnocentrism:	The tendency to view one's own culture as superior and to apply one's own cultural values in judging the behavior and beliefs of people raised in other cultures.
Cultural Relativism:	The principle that all cultural beliefs are equally valid and that behavior in one culture should not be judged by the standards of another.

Key Approaches

Evolutionary Approach:	Focuses on the biological and cultural evolution of humans over time.
Cultural Ecology:	Studies how humans adapt to their environment and the ecological consequences of human actions.
Interpretive Anthropology:	Focuses on understanding culture as a system of meaning and symbols.
Critical Anthropology:	Examines power structures and inequalities within and between cultures.

Subfields of Anthropology

Examines cultural variation among humans. Focuses on

understanding how people in different societies live and

Key Topics: kinship, religion, economics, politics, art, and

make meaning of their worlds. Employs ethnographic

Cultural Anthropology

Archaeology

Involves the study of past peoples and cultures by excavating and analyzing material remains.

Key Topics: prehistoric and historic archaeology, cultural resource management, and heritage studies.

Biological Anthropology

Focuses on the biological and behavioral aspects of humans, their extinct hominin ancestors, and related nonhuman primates.

Key Topics: human evolution, primatology, human genetics, and human variation.

Linguistic Anthropology

Studies language in its social and cultural context, across space and time.

Key Topics: language acquisition, language change, sociolinguistics, and linguistic relativity.

Theoretical Perspectives

Early Theories

methods.

social change.

		Structuralism
Particularism:	development.	Post-
Historical	The idea that each culture has its own unique history and	
Diffusionism:	The theory that cultural traits spread from one culture to another.	Structuralism:
Unilineal Evolutionism:	The 19th-century theory that all societies pass through a series of progressive evolutionary stages.	Functionalism:

Later Theories

Functionalism:	The theory that all aspects of a culture serve a function and contribute to the overall stability of the society.
Structuralism:	The approach that sees culture as a system of binary oppositions and underlying structures.
Post- Structuralism:	A theoretical development that critiques structuralism, emphasizing power, discourse, and the instability of meaning.

Research Methods

Qualitative Methods

Participant Observation: Immersing oneself in a culture to	Surveys

Interviews: Conducting structured or unstructured conversations with individuals to gather information and perspectives.

gain a deep understanding of its practices and beliefs.

Focus Groups: Facilitating group discussions to explore specific topics and gather diverse opinions.

Quantitative Methods

Surveys: Distributing questionnaires to collect data from a large sample of individuals.

Statistical Analysis: Using statistical techniques to analyze numerical data and identify patterns and relationships.

GIS Mapping: Using Geographic Information Systems to analyze spatial data and map cultural phenomena.

Ethical Considerations

Informed Consent: Ensuring that research participants understand the purpose, risks, and benefits of the study and freely agree to participate.

Confidentiality: Protecting the privacy of research participants by keeping their identities and personal information secure.

Cultural Sensitivity: Respecting the cultural values and norms of the communities being studied and avoiding harm or offense.